Alexandrina Council
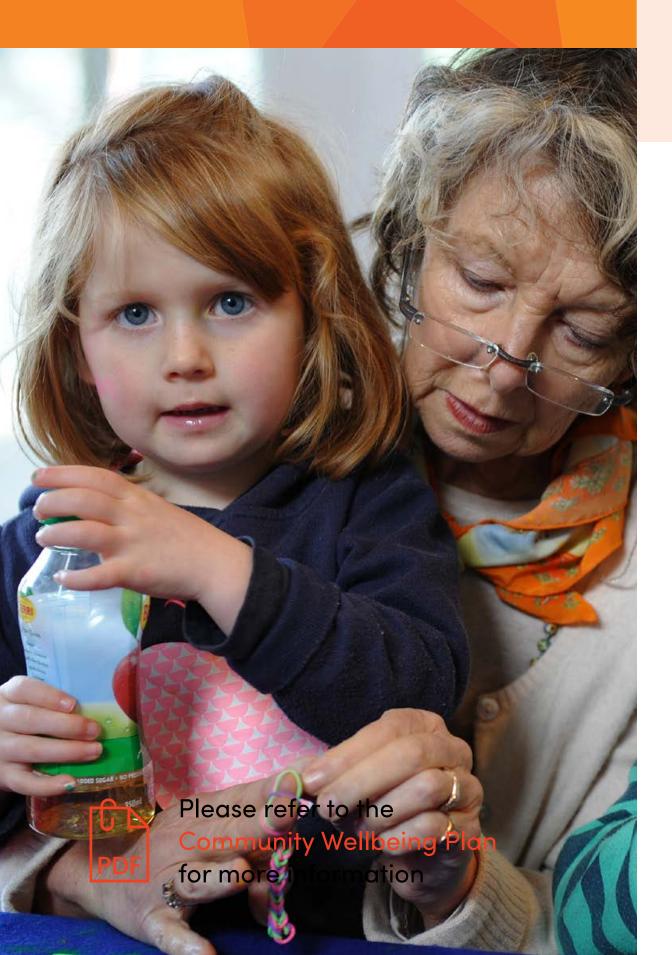**Community Wellbeing Action Plan 2022–26**

OUR OLDER ADULTS

QUICK STATS

9407
residents are aged 65+ years, which is 33% of the population

15%
of residents aged 65+ years need assistance with 'core activities' for self-care, mobility and/or communication

20%
of residents aged 65+ years live alone

WHAT'S STRONG

Our older adults have... knowledge, experience and skills and are committed to giving back to their community.

Our region... boasts a range of groups that enable our older people to connect.

OUR OLDER ADULTS RECOGNISE AND VALUE

○ Their social connections, and friendly and supportive community groups.

○ The health and social services available when people need them.

○ The varied programs and activities on offer that meet the interests of a wide range of people.

○ Our unique townships, with people enjoying the peaceful country lifestyle.

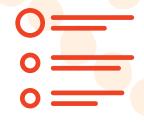○ The culture of inclusion, and that diversity is embraced.

WHAT OLDER ADULTS WANT

○ Improved transport services to enable better connection and access to services that meet community needs and contribute to staying connected.

○ Accessibility and safety - in the built environment, accessible buildings, seating and footpaths.

○ Information which is easy to understand, including about services and opportunities to connect.

○ Access to programs, activities and events that support active, healthy lifestyles and build social connections.

○ Community facilities and public spaces for community to gather and socialise.

OUR PRIORITIES

○ **Advocate** for cross-regional public transport that provides links to Adelaide and regional centres, and work with communities to find local, viable transport solutions.

○ **Collaborate** to improve the environment where people live and visit to enhance safety and accessibility using an age-friendly lens.

○ **Deliver** information about services, learning and social opportunities, which is easy to understand.

○ **Collaborate** and engage with older adults to foster connection utilising existing groups and networks.

○ **Promote** opportunities to gather and socialise in community facilities and public spaces.

KEY ACTIONS

○ **Explore** community interest in developing innovative and sustainable community-led transport solutions.

○ **Collaborate** with others to seek funding opportunities to support infrastructure upgrades that include universal design goals.

○ **Support** information sharing networks and hold events that support community groups to network and promote themselves.

○ **Support** COTA SA to promote the Fleurieu Neighbourhood Network.

○ **Explore** potential to increase use of council-owned facilities for community to meet and connect, for example through a shared online booking system.

Please refer to the Community Wellbeing Plan for more information