If your life is in danger, call Triple Zero (000)

If it is not safe to speak you can still receive emergency help. If an 000 caller doesn't respond to the operator, the call is transferred to an interactive voice response. You will be asked to press 55 if you require emergency help and you will then be connected to the police. If you are still not wanting to speak, the police will send a patrol car to your address. If you are not at your address the police will use your mobile phone location.

Domestic Violence Crisis Line 1800 800 098 (24 hours)

A statewide service offering assistance to women experiencing domestic violence in South Australia by providing information, counselling and safe accommodation options.

1800 Respect **1800 737 732** **www.1800respect.org.au/**
The national sexual assault and domestic violence telephone counselling service. To assist people experiencing the effects of sexual assault, domestic or family violence. 24 hours a day, 7 days per week. You can also text **0458 737 732** or chat online.

Women's Information Service 1800 188 158, www.wis.sa.gov.au
Information, referral and support.
Family Court Support Service: Trained volunteers can accompany women to the Family Court. Childcare can be provided. Referral required.
WIS Havens provide a safe local place where women can speak confidentially to trained volunteers, who can provide information, support, and referrals to appropriate services.
Goolwa Haven 0499 407 237 at the Goolwa Library, 11 Cadell St. Monday - Friday, 10am-2pm
Aldinga Beach 0436 677 468
Mount Barker 0439 002 785
Murray Bridge 0402 889 542

Junction Australia 1300 694 961 (08) 8392 3070 www.junctionaustralia.org.au
31B Cadell Street, Goolwa SA 5214
The Fleurieu Domestic Violence Service offers domestic violence support to women, children and young people living with or leaving domestic violence in the Fleurieu region of South Australia. Services include accommodation, material assistance, counselling, advice and information.

The Yellow Gate 1300 564 164 https://theyellowgate.org.au/
A place of connection and support to women experiencing family, domestic and sexual violence in the southern metropolitan area. The Yellow Gate operates from Noarlunga Centre, bringing together several different services including counselling, medical, legal guidance and financial counselling. Outreach services provide weekly sessions at the Goolwa Children's Centre. Phone for an appointment.

CentaCare Domestic Violence Services Murray Mallee and Adelaide Hills 08 8215 6320
https://www.centacare.org.au/programs/murray-mallee-and-adelaide-hills-domestic-violence-service 3/2 Sturt Reserve Road, Murray Bridge
Domestic violence services, ensuring victim-survivors are safe, supported and able to achieve sustainable housing and life outcomes.

Women's Safety Services SA 1800 800 098 www.womenssafetyservices.com.au
Women's Safety Services SA (WSSSA) supports women and their children who are experiencing domestic and family violence. They provide integrated responses to clients through the provision of specialised, accessible and flexible models of service delivery.
Domestic Violence Crisis Line 1800 800 098
Safe at home program provides home safety audits and upgrades for women experiencing domestic or family violence to support women to remain safely in their home or a home of their choosing.
Migrant Support Program 08 8152 9260 Offers a specific service for women of diverse cultural and linguistic backgrounds who are in unsafe relationships.

National Disability Abuse and Neglect Hotline 1800 880 052
www.health.gov.au/contacts/national-disability-abuse-and-neglect-hotline
The National Disability Abuse and Neglect Hotline is a free, confidential service for reporting abuse or neglect of people with disabilities, including family violence. it provides referrals, support, and information.

Counselling

Junction Australia 1300 694 961 www.junctionaustralia.org.au
Counselling for women in domestic violence situations.

The Yellow Gate 1300 564 164 https://theyellowgate.org.au/
Provides confidential support for women who have been impacted by domestic, family and sexual violence. Services In Noarlunga and Goolwa.

Victor Harbor Family Centre Uniting Communities 1800 615 677
www.unitingcommunities.org
Victor Harbor Uniting Communities Family Centre, 55 Torrens Street, Victor Harbor, SA 5211
Experienced counsellors support women and children who are affected by family violence as well as helping people who use violent behaviour to change. Fees are applicable but dependent on income.

Relationships Australia 1300 364 277 - www.relationships.org.au
Relationship support services for individuals, families and communities to achieve positive and respectful relationships.

Fleurieu Families 8551 0500
https://www.victor.sa.gov.au/council-activities/community-services/families
Promotes child development and improved family functioning, while providing referrals into other appropriate supports and services as needed

Blue Knot Helpline and Redress Support Service 1300 657 380 https://blueknot.org.au/
Supporting adult survivors of childhood trauma or institutional child sexual abuse around the National Redress Scheme

Centacare Catholic Family Services **8215 6310** www.centacare.org.au
Family and relationship counselling to develop, restore and maintain respectful relationships.

Child Sexual Abuse Counselling (RASA) **1800 408 40** www.rasa.org.au/services/
Counselling service for people who have experienced childhood sexual abuse.

Family by Family (Uniting Communities) **0455 963 934** https://familybyfamily.org.au
A network of families helping each other with services to improve relationships or resolve conflict.

Full Stop Australia **1800 385 578** https://fullstop.org.au/
Offering free, 24/7, confidential, trauma specialist counselling to people of all genders who have been subject to sexual, domestic and family violence, as well as their friends, colleagues and family members. They offer practical safety steps and legal information

Rainbow Sexual, Domestic and Family Violence Helpline **1800 497 212**
https://fullstop.org.au/get-help/our-services/rainbowviolenceandabusesupport
For anyone in Australia who is from the LGBTQIA+ community who has recently or in the past experienced sexual domestic or family violence.

Yarrow Place Rape and Sexual Assault Service
8226 8777 www.wchn.sa.gov.au/our-network/yarrow-place
Supports anyone who experienced rape or sexual assault.

Victim Support Service **1800 842 846** www.victimsa.org
Assists victim-survivors navigate systems of crime and abuse in South Australia, and support adult survivors of institutional childhood abuse, offering trauma-informed therapeutic and practical services. Assistance to access the National Redress Scheme.

KWY Aboriginal Corporation **8377 7822** https://www.kwy.org.au/
Programs include Intensive Family Service, Stronger safer families hubs, Women's Safety Contact program, and Making Families Safer. The safety of women and children is central and they use culturally appropriate services to break the cycle of domestic violence and stem the flow of Aboriginal children into the child protection systems.

Say it Out Loud https://sayitoutloud.org.au/
Provides information and support for LGBTQ+ people to have healthy intimate and family relationships, get help for unhealthy or unsafe relationships and support their friends. We also have a focus on consent and sexual violence.

Legal

Legal Services Commission **1300 366 424** www.lsc.sa.gov.au
Provides free legal advice for DV-related matters. The Domestic Violence Unit (DVU) provides a wrap-around legal and social support service for women who have experienced DV. They can assist with intervention orders, family law, child protection matters financial, housing and immigration issues related to DV.

Legal Services Commission 1300 366 424 free **Legal Helpline** provides information and advice and you can speak with a lawyer. Access reliable legal information quickly and conveniently from the website. The free service covers more than 60 common legal areas.
Young people can access free legal advice through **Sexual Violence Legal Services**. The **Child Support Unit** provides a help line and free legal advice about a range of parenting issues. **Family Law Conferencing** is available at the Noarlunga and Mount Barker centres and provides dispute resolution and mediation.
Family Advocacy and Support Service. Duty lawyers can provide minor assistance on a one-off basis. Social workers located at the Faily Law Courts can help you engage with the family law system and relevant services.

Women's Legal Service 1800 816 349 https://www.wlssa.org.au/
The **Family Law & Family Violence Program** and **Legal Information Line** provide legal assistance to women fleeing family violence who require additional support. The solicitors in this team are joined by community workers and financial counsellors to better support women to navigate the legal system.
InDIGO 08 8384 2427 is a Domestic Violence Unit that assists victims of domestic and family violence in the southern suburbs of Adelaide and provides free and confidential legal information telephone service.
The Women's Legal Service provides a rural outreach service to Goolwa every second Thursday of the month. They also have an office at 40 Beach Road, Christies Beach

Southern Community Justice Centre 1300 850 650
www.communityjusticesa.org.au/southern/
A Community Legal Centre based in Christies Beach that can assist with a broad range of legal matters including family law. There is no cost for the service, but a client eligibility means test will be applied to all people where legal matters require ongoing assistance.
FLAGS (Family Law Advocacy and Guidance Services) is a specialist program to deliver legal advice and representation to those who need support with their family law matter. There is also a family advocate to help support clients in managing the complexity of being in the Family Court. Ongoing assistance and court representation, where relevant, are provided at no cost to eligible clients who cannot afford to pay a private solicitor and do not qualify for a grant of legal aid or if there is an immediate risk of harm to you or your children.
Provides a free legal service in Victor Harbor alternate Tuesdays. Provides outreach service to Kangaroo Island every 6-weeks. Strathalbyn appointments available bimonthly. Murray Bridge alternate Wednesdays.

Women's Domestic Violence Court Assistance Service (WDVCAS) 1800 246 642
https://wdvcas.lsc.sa.gov.au
A statewide, free legal service for women experiencing domestic or family violence. Help with applying for, varying, or revoking Intervention Orders, reporting breaches of Intervention Orders and liaising with police about domestic violence matters. They can also help to terminate a lease or with removing either the woman's name or her partner's name off a rental lease.

South Australia Police 131444 www.police.sa.gov.au/your-safety/dvds
South Australia Police (SAPOL) provides a range of policing services and supports victims of domestic violence and attends domestic violence situations. The highest priority is given to the protection and ongoing safety of victims and their children.
The **Domestic Violence Disclosure Scheme (1800 737 732)** is an early intervention and prevention program that provides an avenue for a person who may be at risk of domestic violence to get information about their partner or former partner, to help make decisions about their safety and the future of the relationship. Apply either online or through your local police station.

Mediation

Family Dispute Resolution is mediation to help separating families come to their own agreements. The main objective of FDR is to assist participants to make a parenting plan setting out the agreed future parenting arrangements. **It is compulsory under Australian family law for separated parents to attempt Family Dispute Resolution before applying to a family law court for parenting orders.**

Family Relationship Advice Line 1800 050 321
www.familyrelationships.gov.au/talk-someone/advice-line
A national telephone service that helps families affected by relationship or separation issues, including information on parenting arrangements after separation. It can also refer callers to local services that provide assistance.

Legal Services Commission 1300 366 424 https://lsc.sa.gov.au/cb_pages/fdr.php
The FDR Unit deals with disputes relating to both parenting issues and property settlement following separation. Conferencing can involve the children's parents, grandparents, other extended family or anyone who has a connection with the children and their welfare. At least one of the parties involved in the dispute must have a current grant of Legal Aid for FDR.

Uniting Communities - Family Relationship Centre 1300 735 492
www.unitingcommunities.org
The Noarlunga Family Relationship Centre (Noarlunga Centre) provides mediation for children and/or property matters and can formalise your property and financial agreement and prepare required documents. Outreach at 34 Victoria St, Victor Harbor also provides Family Dispute Resolution services.

Relationships Australia SA 1300 364 277
www.rasa.org.au/support/services/family-dispute-resolution/
Family dispute resolution through face-to-face, telephone and telehealth appointments is available. Mediation can be conducted face-to-face or by shuttle (parties in separate rooms). Fees are charged but can be waived for concession card holders, and support is available for clients experiencing financial or other hardship.

Health

For all emergencies, phone 000

The closest emergency department is at Southern Fleurieu Health Service, Victor Harbor.
In a mental health emergency, call the Mental Health Triage Service on **13 14 65**.

Southern Fleurieu Health Service 8552 0500 https://www.sahealth.sa.gov.au/
Provides a comprehensive range of emergency, community, medical and surgical services to patients from across the Fleurieu Peninsula and surrounding communities.

Women and Children's Health Network www.wchn.sa.gov.au/about/about-wchn
Provider of specialty care and health services for women, babies, children and young people, and their families. Information resources including on strangulation.
Cedar Health Service 8444 0700 www.wchn.sa.gov.au/our-network/cedar-health-service
An inclusive domestic and family violence healthcare service based in Port Adelaide that provides holistic care and support to people 16 years and over who have been subjected to abusive and unsafe behaviour from a partner or ex-partner.
Intimate relationships that are unsafe and abusive can impact on a victim/survivors's physical and psychological health. Cedar Health Service provides high-quality, safe healthcare that is person centred and supports people to make their own choices about their health and wellbeing. You can speak with a nurse or social worker and if Cedar Health Service is not the right service for you they will arrange referrals to other services to meet your needs.
Yarrow Place 8226 8777 www.wchn.sa.gov.au/our-network/yarrow-place
Supports anyone who experienced rape or sexual assault.

Financial

Attorney-General's Department
www.ag.gov.au/families-and-marriage/publications/separating-debt-guide-your-legal-options
Separating with debt: a guide to your legal options is available online and can help separating couples, including those experiencing financial abuse, to understand their financial and legal responsibilities related to debt and where to get help. The guide sets out how debts are dealt with in family law after separation and ways to achieve fair outcomes without going to court.
Under changes to identity and verification rules to help people experiencing family and domestic violence, if a customer escaping domestic violence cannot produce their driver's license or birth certificate, or shows a different address, banks and other regulated businesses can use alternative ways to verify their identity.

Centrelink / myGov Financial Help
The Australian Government provides several payments for people affected by DFV, depending on their circumstances. Possible supports include crisis payments and income support to help you get back on your feet after leaving violence
Centrelink Crisis Payment (DV) is a once-off payment equal to one week of your usual Centrelink payment for people who leave home due to DFV or have a partner removed from the home due to DFV. Must apply within 7 days.

Leaving Violence Program 1800 253 283
www.dss.gov.au/safety-programs-prevention-and-evidence/leaving-violence-program
Support for people experiencing intimate partner violence with financial assistance and support services. Eligible women can get up to $5,000 in financial support, including up to $1,500 in cash and the remaining funds in goods and services. Other supports include safety planning, risk assessment and referrals to other services. To be eligible a person must be a victim-survivor of intimate partner violence and have either changed living arrangements within the past 12 weeks because of intimate partner violence or have a plan to change living arrangements. Support is available to victim-survivors of any gender, sexuality or visa status.

Junction Australia 1300 694 961 www.junctionaustralia.org.au
The Fleurieu Domestic Violence Service offers comprehensive domestic violence support. The Financial Insight and Navigation Service (FINS) provides free and confidential financial counselling to reduce the impact of DV and connections to services and community resources.

Financial Counselling & Money Support (1800 RESPECT) 1800 737 732
https://1800respect.org.au
Information on a range of financial supports available nationally, including help with budgeting and debt, access to financial counsellors, navigating financial abuse and assistance with emergency funds and grants.

Financial Independence Hub 1300 050 150 https://goodshep.org.au/services/fih/
The Commonwealth Bank has partnered with Good Shepherd to deliver free services helping people who have experienced financial abuse to rebuild their financial confidence, learn money management skills and work toward long-term financial independence. The Financial Independence Hub does not provide emergency financial assistance.

The Yellow Gate 1300 564 164 https://theyellowgate.org.au/ Southern
Yellow Gate financial counselling can help you navigate the financial challenges associated with DV with expert guidance. The hub is run by the Community Justice Services SA and is located within the Noarlunga Centre.

Zahra Foundation Financial Counselling Service 8352 1889 www.zahrafoundation.org.au
A specialist financial counselling service for women affected by domestic and family violence related debt and financial hardship. You don't need to be in a financial crisis and may simply want to review your finances, find ways to save money or create a family budget. This specialist financial service is free and confidential.
Zahra Foundation can provide a free laptop for study, job seeking or for children's education needs to women who are impacted by DV. Eligibility is assessed through an office or phone appointment with a financial counsellor.

Emergency Support
Many SA organisations may offer one-off emergency payments or material aid such as food, clothing and pharmacy items. No-Interest Loans (NILS) are available through some community organisations and can help to cover bond & rent, car repairs, necessary appliances and medical needs. Information can be obtained from the Haven in the Goolwa Library or phone on 0499 407 237 or email goolwahaven@alexandrina.sa.gov.au

ADRA Op Shop Victor Harbor 0494 195 041
www.opshop.org/details/Adra-op-shop-Waitpinga .
www.opshop.org/details/Adra-op-shop-Waitpinga
A large op shop with a range of furniture, electrical, household goods, clothing, and more. ADRA have an agreement with Junction DV service and can supply household goods, clothes and sundries for free.

Working Women's Centre 84106499 https://wwcsa.org.au
Advice on work related issues for women experiencing DV and information on how to recognise the signs of violence, respond with care, and connect a co-worker to the right support services.

Moneysmart https://moneysmart.gov.au/family-and-relationships
Moneysmart, by the Australian Government, helps you make confident money decisions with free tools, tips and calculators. Includes divorce and separation financial checklist.

Housing

Junction Australia 1300 694 961 www.junctionaustralia.org.au
The Fleurieu Domestic Violence Service provides a range of sustainable housing options. From social housing tenancies through to home ownership as well as support to build strong and thriving neighbourhoods.

Homeless Connect SA 1800 003 308 https://www.homelessconnectsa.org/
Homeless Connect SA, is a 24/7 state-wide telephone service for anyone experiencing homelessness in South Australia. They can connect you with relevant services and information to help and provide short-term assistance until you can be connected to a specialist homelessness service.

Women's Domestic Violence Court Assistance Service (WDVCAS) 1800 246 642
https://wdvcas.lsc.sa.gov.au
A statewide, free legal service for women experiencing domestic or family violence. They can help to terminate a lease or with removing either the woman's name or her partner's name off a rental lease.

Ninko Kurtangga Patpangga (Southern Regional Aboriginal Family Violence Service) **1800 800 098**
Helps Aboriginal families and women in the Southern metropolitan areas of Adelaide and women who are moving from rural and remote areas with temporary emergency accommodation for ATSI women and children experiencing DV.

Safe Pets Safe Families Crisis Intake **0490 818 879 https://safepetssafefamilies.org.au**
Provide last resort crisis care for pets and work with registered foster carers and boarding services to ensure pets stay safe, and at the same time, allow owners to get back on their feet before finally being reunited permanently with their pets.

Women's Safety Services SA 1800 800 098 www.womenssafetyservices.com.au
WSSSA provides multiple housing-related supports across South Australia. The **Safe at Home Program** supports women who want to remain safely in their home after violence with safety assessments, audits and coordination of security upgrades. They can facilitate access to crisis accommodation.

Neami National www.neaminational.org.au
The Safe and Secure Housing Program is free and available to women and their families of all ages who are supported by a recognised domestic and family violence service to find safe long-term housing and build skills to sustain a tenancy. You can only be referred by Women's Safety Services South Australia and First Nations Healing.

Services for Men

Men's Referral Service 1300 766 491 www.mrs.org.au
The national counselling, information and referral service for men who use violence and abuse to change their behaviour. Provides telephone counselling or chat online. The Brief Intervention Service (BIS) is a flexible, multi-session service to provide counselling and referral options.

Mensline Australia 1300 78 99 78 mensline.org.au
A free professional counselling support for men, 24 hour per day 7 days per week. With online counselling, you can access free professional support. Qualified counsellors specialise in family and relationship issues, parenting, family violence, suicide prevention and emotional well-being.

Don't Become That Man 1300 24 34 13 www.dontbecomethatman.org.au
Trained Intervention Counsellors are available to provide support and intervention, specialising in engagement with men, with the safety of women and children central to all. Facilitating men's access to services and adopting a tailored intervention program suited to men's individual needs. The contact centre is also available as a referral point for professionals to refer someone seeking additional support. Crisis Accommodation is available for men who are concerned about their current controlling behaviour.

Brother to Brother 1800 435 799 https://dardimunwurro.com.au/
The crisis line provides phone support for Aboriginal men who need someone to talk to about relationship issues, family violence, parenting, drug and alcohol issues or who are struggling to cope for other reasons. It is staffed by Aboriginal men, including Elders.

Bloke's Psychology 03 9994 1721 https://www.blokespsychology.com.au/
Telehealth psychological support and counselling to males through phone and video sessions. Fees are discounted and Medibank rebates are available.

Reset2Respect 1300 364 277 www.rasa.org.au/support/services/reset2respect/
For men referred because of a Court order and assessment by a Courts Administration Authority CAA Case Manager. R2R supports men to develop respectful relationships and to understand the impact violence and abuse has on others. Online programs available.

Uniting Communities **1800 615 677** **https://www.unitingcommunities.org/**
Provides anger management counselling to help stop the cycle of violence. Counselling is available by phone and video conferencing and face-to-face services are available in Christies Beach and Murray Bridge.

Men's Legal Service **1800 463 675** https://menslegalservice.org.au/
A not for profit law firm, Men's Legal Service provide a pragmatic, cost-effective legal service to men. The primary focus is to assist fathers with continuing to be available and involved in the lives of their children after family law events. Can help men resolve family law disputes through mutual agreement.

Technology

Technology has become a powerful tool for safety, support, evidence-gathering, and connection to services. At the same time, it can also be misused by perpetrators. Most women experiencing domestic violence also face technology-facilitated abuse. This can include online stalking and monitoring, spyware on phones or computers, harassment via social media, tracking through shared accounts or smart devices and threats via messaging apps.

Device Safety: Use a safe device that the perpetrator cannot access. Check for unusual apps or settings that may indicate spyware.
Online Safety: Update passwords regularly, use two-factor authentication and regularly review privacy settings on social media.
Information Safety: Be cautious about shared cloud accounts and avoid storing sensitive information on devices the perpetrator can access.

e-safety Commissioner **www.esafety.gov.au**
The eSafety Commissioner has powers relating to cyberbullying, image-based abuse, and illegal and harmful online content. It is an independent statutory office supported by the Australian Government. The eSafety resources provides detailed guidance on staying safe online in domestic violence situations.

WESNET **https://wesnet.org.au**
WESNET provides technology safety plans, guides for survivors and workers and education on tech-facilitated abuse. The Safe Connections Program provides women with a phone; prepaid credit and tech safety advice and support from a specialist DFV Caseworker. Online resources enable women experiencing tech abuse to learn how they can increase their technology safety and privacy.

AMICA **https://amica.gov.au/**
amica can be used by married and de facto couples, including couples who were in a registered relationship to create formal documents addressing parenting, property and money matters when they separate. It is an online service, designed for both desktop and mobile and lets you work out your separation agreements easily, in your own time and on your own terms.

DV Safe Phone https://dvsafephone.org/
Recycles donated mobile phones to support people escaping domestic and family violence. Phones are distributed through domestic violence agencies, safe houses, hospitals, and police stations across Australia. This means when someone receives a phone, they're also connecting with experts who can help with safety planning and other crucial services they might need. Phones are available at Goolwa Haven 0499 407 237 at the Goolwa Library, 11 Cadell St.

Domestic Violence Safety Assessment Tool (DVSAT)
A tool developed in NSW for use by service providers to assess the risk of family violence and plan interventions with victims to prevent future violence and make referrals. It can be downloaded https://dcj.nsw.gov.au/documents/service-providers/domestic-and-family-violence-services/Domestic-Violence-Safety-Assessment-Tool.pdf

Apps

Apps can be downloaded from iTunes or Google Play. Before you download any app, consider whether it your specific needs and situation. Check that it meets your accessibility requirements and is easy to use. Ensure that it has been developed by a reliable organisation.

App Safety Centre https://techsafety.org.au/resources/appsafetycentre/
Developed by WESNET it provides reviews of DV safety apps. These independent reviews to help you choose safe apps

Safety Apps & Digital Tools

Many tools are designed to help victim-survivors discreetly access help or plan for emergencies. Common features include emergency "quick exit" buttons, silent SOS alerts to trusted contacts, location sharing during emergencies and guided safety planning.

Get Prepared
Get Prepared is an easy-to-use app that empowers you to make important decisions ahead of time by completing your RediPlan. It helps you create a personal emergency plan, so you can take care of yourself, your loved ones, and what's important to you. Can be downloaded from **www.redcross.org.au/emergencies/prepare/get-prepared-app/**

Sunny
Created by 1800RESPECT for women with disability experiencing violence. Features an easy-read interface and safety planning tools. Sunny can support you to tell your story, know your rights and find people who can hel.

Technology for Evidence Collection

Digital tools can help document abuse safely, which can be crucial when reporting abuse or applying for protection orders. Can include secure photo and video storage, encrypted journals and tools that timestamp and lock evidence.

Empower You
This app was developed by the NSW Police and can used anywhere in Australia. It helps people to record incidents of abusive behaviour. You can send messages with your location to trusted friends, or use it to gather information about your experiences to send to a friend for safe keeping.

EviSafe Guardian Alarm
EviSafe supports victims of domestic violence by enabling both manual and hands-free evidence collection. Uses AI technology which can automatically recognize domestic violence incidents and begin recording without any user interaction. Users can set Safe Words that trigger automatic recording during dangerous situations as well as manual recording options to help gather and preserve vital evidence.

Communication & Support

Technology may be especially important for people in rural or remote areas, where access to in-person services is limited. It can enable 24/7 online chat with support services, telehealth counselling, anonymous helplines and online peer support groups.

Daisy
Daisy is an app that provides information to connect people experiencing violence or abuse to services in their local area. It was developed by 1800RESPECT and includes safety features to help protect the privacy of people using it. You can visit service websites from within the app, which means these sites won't show up in your browser history. This can help protect your privacy, especially if another person has access to your phone.

MyAus
The MyAus app makes information on family, domestic and sexual violence available in 20 community languages. It provides animated and written information about family safety and healthy relationships, tailored for migrant and refugee communities.

Gather my Crew
Allows you to coordinate friends and family to turn offers of help into action that meets your unique needs.

Be There
This app is designed for supporters of someone experiencing DV. Features tips on how to safely support someone and a passcode-protected journal

Location & Personal Safety Devices

Personal safety tools can help create a safer environment when used correctly and include wearable panic alarms, GPS trackers for emergency response and smart home devices such as cameras, alarms configured for safety.

I'm Safe
The I'm Safe app helps women alert their trusted contacts using SOS Sirens, record incidents of abusive behaviour, provide contact information for local support services, and connect them with experts via its "Ask for help" feature. The app also has a "Fake Call" feature to help women leave uncomfortable situations.

The Daniel Morcombe Foundation's Help Me app:
Help Me app is designed to help keep kids safe but can also help people of all ages, covering all personal emergencies. The app has a 'Help Me' button that sounds like a warning and lets you send an SMS to those in your safety network. It also has resources to educate kids and parents on how to stay safe. Only available from the Apple App Store.

Emergency Plus
Uses your phone's GPS to give your precise location when calling 000 for help, and communicates your location to emergency call-takers.

Safety Audits

You can have your computers, mobile phones and other devices checked for safety. The price will depend on the situation, the number of devices, and the level of forensic analysis required.
Basic Tech Safety Audit (DV-focused) for people wanting reassurance and safety planning includes checking phones, accounts and cloud settings. Estimated range: $150 – $350
Full Device Forensic Sweep includes deep scans, forensic tools, malware detection, and analysis reports. Estimated range: $350 – $900 per device. Best for people who strongly suspect hacking, tracking, or spyware.

G-SEC 03 8848 4000
Partnered with the The Salvation Army in the *Safer in the Home* program. G-SEC provides remote technology health checks specifically for victim-survivors of domestic and family violence. This includes a one-hour remote consultation with a tech specialist. Through a secure remote connection to the person's device they review mobile phones, and cloud accounts and check for malware, signs of tampering and general device safety.

Nansen – Digital Forensic & DV Tech Safety Support www.nansen.io
Nansen operate a dedicated spyware/malware lab and work extensively with domestic violence services. Provide a free online assessment tool for you to develop your technology risk profile.