



MEDIA RELEASE

Living Lightly Locally: Be Part of a Positive Change in Alexandrina

5 June 2026

Are you feeling the weight of the climate crisis but want to take meaningful action?

Living Lightly Locally is inviting curious, community-minded adults to join a free 12-month research and education program.

Delivered by Adelaide University and supported by Council, the program explores ten key impact areas including: wellbeing, gardening waste, water and energy.

It is exclusively for adults living or working in the regenerative regions of Alexandrina Council, City of Mount Gambier, City of Mitcham and Mount Barker District Council.

Starting in July 2026, participants will engage in a mix of online and in-person monthly sessions. Through workshops, discussions and personal reflection, participants will learn practical ways to live more sustainably while strengthening local connections.

Participants will also contribute to university-led research, helping inform evidence-based policy while reflecting on their own sustainability journey.

“This initiative aligns with Council’s long-term vision for the region,” Alexandrina Mayor Keith Parkes said.

“Living Lightly Locally supports our commitment to environmental sustainability, community wellbeing and climate resilience. It empowers individuals and households to make meaningful changes while strengthening community connection”.

Residents aged 18 and over are encouraged to get involved.

To learn more and register:

livinglightlylocally.com.au

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